



Facial Peels Consent

Please read Ms Nugent's Facial Peels information leaflet and the other information leaflets that you have received in full. Then please read through and initial beside each point in the complication checklist for your procedure below to indicate that you are aware of and understand each potential risk or complication. Once completed and any questions answered, please sign and date at the end of the last page.

IMPORTANT:

Ms Nugent must receive this completed paperwork **prior to your date of treatment**.

Complications

Redness, irritation and peeling in excess of that expected. These are expected to happen after a peel but occasionally are more extensive or last longer than expected. This will resolve with time and you are advised to continue your post-peel skin care regime until this settles.

Patient initials

If the peel solution gets into your eyes, it will cause irritation. It must be washed out immediately if this happens.

Patient initials

Overtreatment. Overtreatment in areas can result in a less even than desired appearance. If this occurs, further treatments with peels to blend away any differences may be needed.

Patient initials

Hypopigmentation. Occasionally areas of underpigmentation occur following facial peels. Further treatments may be needed if this occurs.

Patient initials

Hyperpigmentation. Occasionally areas of darker pigmentation occur following facial peels. Further treatments may be needed if this occurs.

Patient initials

Prolonged swelling. After some peels, you may have mild swelling. Rarely this is more pronounced or lasts longer than expected.

Patient initials

Telangiectasia or petechiae. Rarely with deeper peels, tiny blood vessels become visible in areas of the face and may require further treatment to remove.

Patient initials

Milia. Tiny whiteheads that can appear in treated skin. They may not need any treatment or sometimes can be treated with a sterile needle in the office.

Patient initials

Demarcation line where the cut off between treated and untreated skin e.g. at your jawline is visible
Infection. While your skin is peeling, it is not as protective against infection as usual. If you are worried about infection (cold sores, oozing, discolouration, pain, worsening symptoms, feeling unwell, odour),

you will need to contact Ms Nugent immediately so that any treatment needed can be started. Severe infections can affect the result of peels and cause scarring.

Patient initials

Scarring. This is rare with the peels that Ms Nugent uses. It is usually associated with deeper facial peels or deeper penetration than expected of the peel solution. If it occurs, it can be difficult to treat. It is vital that you disclose any medical conditions, medications including herbal supplements or any prior skin treatments to Ms Nugent before undergoing any facial peels. Some of these can increase the risk of scarring and may alter the treatment recommended to you.

Patient initials

Toxicity e.g. cardiac effects. Deeper full-face peels particularly if containing phenol can have cardiac side effects. This risk is normally reduced by allowing sufficient time between the applications of the peel in different areas of the face. If there is a series of pauses during your peel, this is often the reason why.

Patient initials

Suboptimal result/undertreatment. On occasion, people are disappointed with the outcome of their facial peels. This may be due to a complication being experienced or the result being less than expected. A facial peel can be repeated if there is scope for further improvement but it is important to recognise the limitations of facial peels and when a different treatment or surgery is necessary to achieve the result you desire.

Patient initials

Longevity of procedure

Facial peel results can last for 12 to 18 months depending on the peel performed. Facial peels results can be maintained for longer if your skin is protected from the sun, you do not smoke and with the regular use of medical grade skin care. Both the superficial and medium depth skin peels can be repeated in the future if you wish to do so. The results will depend on the type of peel chosen, your skin type and can vary from person to person.

Patient initials

Limitations of procedure

Facial peels tighten and improve skin tone. They will not lift loose facial skin or plump out hollowed areas. If you have loose skin or hollowing of areas e.g. under eyes, Ms Nugent may recommend additional treatments such as dermal fillers or facial rejuvenation surgery e.g. facelift or eyelid surgery.

Patient initials

Fine lines and wrinkles will be improved by facial peels. Deeper wrinkles may require additional treatments.

Patient initials

Some skin types are less suitable for facial peels. This is something that Ms Nugent will advise you on during her assessment.

Patient initials

Superficial facial peels work best as a course of treatment rather than a single peel.

Patient initials

Medium depth facial peels work better and more evenly after a course of skin care in advance to prepare the skin.

Patient initials

Facial peels should not be undertaken when your skin is tanned. This can result in a less even result. Facial peels should not be undertaken if you are planning to be in the sun afterwards. It is very important to protect your skin from the sun while recovering from a facial peel as your skin will be very sensitive to the sun during this time.

Patient initials

COVID-19 measures

As well as the standard process to ensure you are ready for treatment and to plan treatment, there are likely to be additional requirements due to COVID-19. You will need to undertake a COVID-19 screening questionnaire and follow the safety measures and protocols that are in place in the clinic. Other measures that may be considered in some situations are a COVID-19 test, self-isolation in advance of treatment and during the early recovery period. You must also consider the risk of contracting COVID-19 around the time of your treatment and how this might affect you.

Patient initials

I have read this information leaflet on facial peels and confirm that I do not have any of the conditions listed in the *Contraindications for treatment* section. I am aware of the potential risks and complications of facial peels and that results can vary from person to person. I agree to follow the post peel skin care and precautions advised and to notify Ms Nugent of any concerns in a timely manner.

I acknowledge that no guarantee has been given to me as to the result that may be obtained or maintained. I understand this will depend on several factors including but not limited to my pre-existing health, my body weight, skin and tissue type, the treatment chosen and performed, how my body heals during the recovery period, my lifestyle and if a complication occurs.

I agree that the procedure(s), recovery, after care, expected results, potential risks and complications and alternative treatments have been explained to me in a way that I understand.

I understand that I have the option of not undertaking any treatment at all.

I wish to proceed with the following facial peel treatment(s):

Superficial Depth Facial Peel Course of _____ Peels

Medium Depth Facial Peel(s)
(a separate consent form will be needed in addition for some peels)

Signed: _____ Date _____

Name: _____

Facial Peel Course

Peel Used: _____

1st Peel Date _____

Patient Signature _____

2nd Peel Date _____

Patient Signature _____

3rd Peel Date _____

Patient Signature _____

4th Peel Date _____

Patient Signature _____

5th Peel Date _____

Patient Signature _____

6th Peel Date _____

Patient Signature _____

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